

# Main Menu

## Starters

**Warm Mediterranean Bread with Olive Oil and Balsamic Vinegar (V) (VG) - £3.95** (*Gluten Free available*)  
**Add Olives for - £2.50**

**Garlic Bread (V) (VG) - £4.95** (*Gluten Free available*)  
Freshly baked and grilled with homemade garlic butter.  
**Top with cheddar cheese for - £2.00**

**Italian Bruschetta (V) (VG) - £5.95** (*Gluten Free available*)  
Freshly baked and grilled bread topped with a traditional mixture of fresh tomatoes, onions, herbs and olive oil.

**King Prawns - £8.95** (*Gluten Free available*)  
5 Pealed King Prawns. Garlic Butter, peppers, oregano, garlic, grapes and a tomato base cream sauce, served with warm bread.

**Whitebait - £7.95** - Deep fried and served with a homemade tartar sauce, fresh salad and our house dressing.

**Prawn Cocktail - £8.95** (*Gluten Free available*)  
Set on a bed of crisp lettuce, a combination shelled king prawns and baby prawns in a homemade marie rose sauce. Served with warm bread.

**Calamari Rings - £7.95** - Coated in bread crumbs and served with a spicy homemade tartar sauce, fresh salad and our house dressing.

**Garlic Mushrooms (V) - £7.95** (*Gluten Free available*)  
Cooked in a garlic and white wine sauce, complimented with warm bread.

**Battered Deep Fried Brie or Goats Cheese (V) - £8.95** (*Gluten Free available*) - Served with cranberry jam, warm bread, fresh salad and our house dressing.

**Caprese Salad (V) - £7.95** – Sliced Buffalo Mozzarella and Beef Tomato with a Balsamic glaze  
**Add Olives to share for - £2.50**

## Pasta Selection

*All our fresh pasta sauces have garlic and shallots as a base and are served with linguini pasta. (Gluten Free available).*

**Funghi é Gorgonzola (V) - £15.95**  
A fusion of mushrooms, garlic, truffle and Blue cheese tossed in a creamy sauce, topped with fresh rocket leaves and parmesan shavings.

**Add Chicken for - £2.50**

**Frutti di Mare - £16.95** - A delicious selection of seafood cooked in a lemon, white wine, tomato and garlic sauce.

**Prawn Pasta - £16.95** - Peeled king prawns and prawns served in a rich tomato sauce with red peppers, grapes, garlic and oregano. Finished with a dash of cream.

**Pasta al Salmone - £15.95** - Fresh Salmon chunks cooked in a light dill sauce with sliced mushrooms, red peppers, grapes and finished with cream.

**Le Pisani Scallops Special - £17.95** - Chorizo, smoked bacon, red peppers and pan fried scallops tossed in a creamy garlic sauce.

**Carbonara Rosalia - £14.95** - Prepared Maltese style with bacon and mushrooms in a rich creamy cheese sauce, finished and tossed with a fresh free range egg.

**Add chicken for - £2.50**

**Pomodoro (V)(VG) - £13.95** - A delightful combination of sweet tomato, bell peppers, wild mushrooms, peas and basil sauce.

**Homemade Authentic Lasagne – £13.95**  
(*Gluten Free available*)

High quality locally sourced beef mince which makes a rich Italian Bolognese sauce, layered with pasta and cheese sauces.

**Bolognese - £12.95** - Traditional Italian Bolognese with freshly minced high quality, locally sourced beef, mushrooms and carrots. Slow cooked in a rich tomato and red wine sauce.

**Seaton Special - £21.95** - A generous serving of locally sourced crab, scallops, king prawns and flaky white fish cooked in a lemon and garlic cream sauce.

*All prices include VAT at the current rate. All gratuities are distributed to our team members. Some of our fish dishes may contain small bones. All of our food is prepared in a kitchen where nuts, gluten and other allergens are present. If you have a food allergy or dietary requirement please let us know before ordering, our chefs will be happy to accommodate you in the best way they can. Full allergen information is available, please ask a team member for details.*

*Tables are reserved for two hours. Thank you.*

# Main Menu

## From the Chargrill and the Sea

*Our dishes come with a choice of hand cut chips, sautéed potatoes or new potatoes.*

### **Salmon Supreme – £17.95 (Gluten Free available)**

Poached Salmon Steak with wild mushrooms & garlic, cooked in a white wine veloute sauce with red peppers, chives and grapes. Served with a selection of vegetables and choice of potatoes.

### **Beer battered Cod - £14.95 (Gluten Free available)**

Fresh Cod fillet, beer battered, served with hand cut chips homemade tartar sauce, garden peas and chargrilled lemon.

### **Chicken a la Grèque - £16.95 (Gluten Free available)**

A freshly grilled chicken breast wrapped in bacon, accompanied by a rich creamy leek & cheese sauce. Sprinkled with aromatic pink peppercorns and chives. Served with a selection of vegetables and choice of potatoes

### **Peppered Chicken - £16.95 (Gluten Free available)**

A freshly grilled chicken breast wrapped in bacon and served with a peppercorn and red wine sauce. Served with a selection of vegetables and choice of potatoes.

### **Locally Sourced Ribeye Steak 12oz - £26.50**

Grilled to your liking and served with your choice of potatoes. Accompanied by a couple of onion fresh rings, peas, mushrooms and grilled tomato.

### **Homemade Mediterranean Vegetarian Wellington - £16.95**

A puff pastry dish with a Mediterranean vegetable filling of mushrooms, cranberries, brie and pine nuts. Served with our famous Pomodoro sauce and a dash of cream.

### **For the little ones – Please ask a member of our staff for assistance.**

Other options are also available on request.

### **On the Side**

Home-made Chips, Sautéed potatoes  
or New Potatoes – £3.95  
Vegetable Selection - £3.95  
Mixed Salad - £3.95  
Sweet Potato Fries - £4.50  
Calamari Rings - £5.50  
Whitebait - £5.50  
Bowl of Mussels - £7.50  
5 Peeled King Prawns – £5.50

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